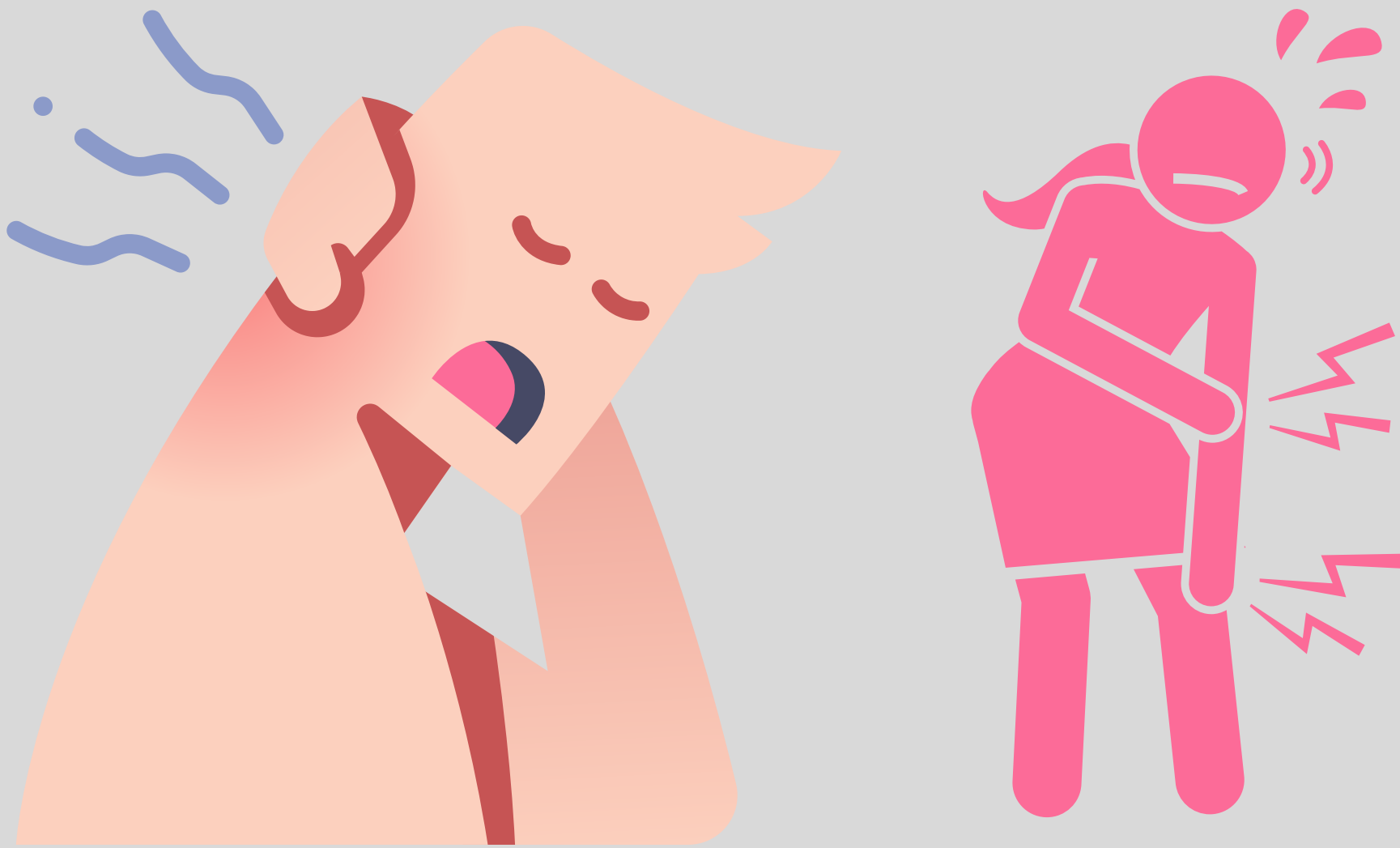


I am so sore from talking on the phone all day!



What should I do?

Connect your phone to a bluetooth device to be hands free



A neutral working posture can be resumed during the work day

