## DONNING/DOFFING A FACE MASK

VIEW THE VIDEO AT: HTTPS://WWW.YOUTUBE.COM/WATCH?

V=HLUIKTBTBIW

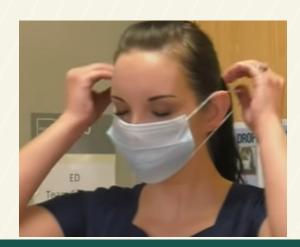




Before putting on a mask, wash your hands. Check out this You Tube video on how to properly wash your hands:

https://www.youtube.com/watch? v=yQl1KBi\_s6k&feature=youtu.be

Loop elastic bands around the ears. If your face mask has a moldable piece, mold to the bridge of your nose.







READY TO TAKE THE MASK OFF?

Wash your hands! And remember to not touch the front of the face mask as it is now considered contaminated.

Remove the elastic bands without touching the front of the mask.





THE FINAL STEP IS TO WASH YOUR HANDS