

# DONNING/DOFFING GLOVES

VIEW THE VIDEO AT: HTTPS://WWW.YOUTUBE.COM/WATCH? V=0ZWB9ZJFBKS



## **WASH YOUR HANDS**

Before putting on gloves, wash your hands. Check out this You Tube video on how to properly wash your hands:

https://www.youtube.com/watch? v=yQl1KBi\_s6k&feature=youtu.be

### **PUT ON YOUR GLOVES**

There is no special way to put on gloves. Just put them on without tearing a whole in them.





### **READY TO TAKE YOU GLOVES OFF?**

Your gloves are now considered contaminated. Follow the steps below to to avoid touching the surface of your gloves.

Grab
the outside of the opposite gloved hand and peel off.





Hold the glove with your gloved hand



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With your ungloved hand, put your fingers under the gloved hand at the wrist.

Peel off second glove





Once the gloves are properly disposed of, wash your hands

### **TIPS WHILE WEARING GLOVES**

When wearing gloves, consider your gloves as contaminated. Be careful of what surfaces you are touching or what objects you are handling as that could spread whatever is on you gloves to the surface/object your touch





### TIPS WHILE WEARING GLOVES

Remember to change your gloves after each task. Not doing so could potentially spread what is on your gloves to your next task